



2022

Annual Report



The Arc
Minnesota

The Arc Minnesota's statewide Program Team is working to co-create a welcoming world. We envision a world where all people with intellectual and developmental disabilities are valued, respected, and thriving.

Alongside disabled leaders, we fight against isolation, segregation, and poverty. We engage in individual advocacy, systems change, and social change, to ensure all people have access, belonging, and justice.

Housing

Our Housing team helps people with disabilities find affordable, accessible housing in their community. We connect people with resources that help support their housing long-term.

In 2022, our team fielded nearly 2,500 emails and phone calls about housing programs and services.

We helped 425 people move into homes of their own, including:

- People living in 79 of Minnesota's 87 counties
- 215 people who identify as BIPOC or from culturally specific communities
- 91 people experiencing homelessness
- 79 people experiencing housing instability
- 38 people who were able to move out of an institution or congregate setting

After one year, 83% of the people we supported to find housing were still living in their home. 82% reported feeling more independent and connected to their community.



Public Policy

Through grassroots and legislative advocacy, we work alongside people with IDD and their trusted supporters to create systems change grounded in our values.

In 2022, the Public Policy Team:

- Educated more than 3500 people about The Arc's policy priorities through newsletters and events
- Coordinated 80 lobbying meetings with key legislators
- Secured 55 co-sponsors for important bills
- Shared 30 action alerts and opportunities for engagement in legislative advocacy

More than 70% of testifiers who shared personal stories about Arc-led bills identified as people with lived experience. More than 50% of people said they feel more confident talking to elected officials after working with The Arc's Public Policy Team (33% said they already felt confident).

Ahead of the 2022 election, The Arc also hosted 30 nonpartisan voter education events statewide. 68% of event attendees identified as disabled. 100% of respondents to a post-event survey said they voted in the election.



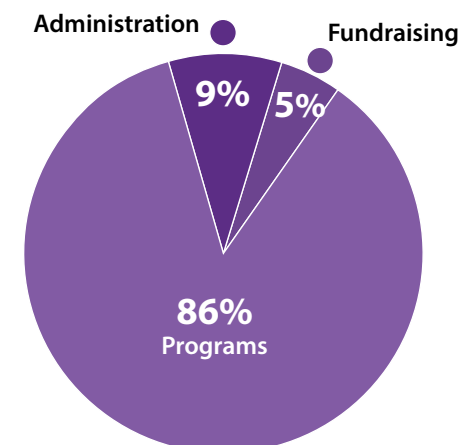
Finance

Total earned revenue:
\$3,087,126

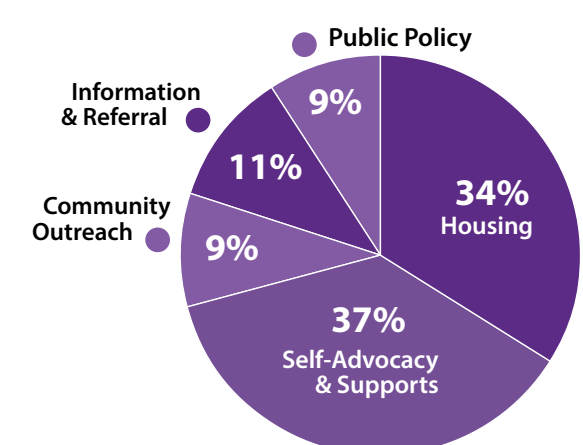
Total donor support:
\$1,874,002

Total organizational expenses:
\$5,467,207

Organizational Spending:



Programmatic Spending:



Statewide Grants & Initiatives

In 2022, The Arc Minnesota secured nearly **\$4 million in grants and contracts** that help us continue or begin new mission-based programs and services statewide.

This funding supports our work in the areas of crisis prevention, disability justice, employment, health equity, housing, self-advocacy, and systems transformation: ▶▶



- **Crisis Housing Assistance Program** provides flexible funds to help people with serious mental illness remain in their homes during treatment in a licensed facility for up to 90 days
- **Minnesota Inclusion Initiative** funds projects led by self-advocates that help foster inclusion, advance equity, and cultivate belonging
- **Minnesota Microgrant Partnership** provides small grants to Minnesotans who have disabilities to support their personal goals related to housing and employment
- **Peer to Peer Mentoring** helps people with disabilities and their trusted supporters navigate employment options as they transition out of subminimum wage
- **Quality Assurance** creates trainings, resources, and community initiatives that promote person-directed services, foster connection, and help advance the Disability Justice movement
- **Regional Quality Councils** engage in initiatives and make recommendations that improve services and supports for Minnesotans with IDD statewide

Community Engagement & Outreach

The Arc Minnesota's Community Engagement & Outreach Team builds relationships and creates connections with stakeholders across the state. These relationships help raise awareness about topics that are important to Minnesotans with IDD and their trusted supporters, and help build collective power.

In 2022, we hosted or participated in 89 events that reached nearly 3000 people statewide, including:

- The Trans Equity Summit and Pride events in Minneapolis, Mankato, Marshall, and St. Cloud
- Culturally specific community events like Cinco de Mayo, Dear Mama, and Juneteenth
- "Honoring Disability by Reframing Language" presentations for statewide and national organizations, including The Arc US National Convention
- "Anti-Racist & Anti-Ableist Solutions to Systemic Barriers for People with Disabilities" at the 2022 Midwest Asset Building Conference
- "Race & Disability: Exploring the Intersections of Identity" for the Minnesota Social Services Association
- "A Home of One's Own" webinar series, about individuals' housing rights and options
- "Let's Connect" virtual forums about the COVID-19 pandemic and its impacts on members of the disability community, in partnership with the Minnesota Department of Health and the Minnesota Consortium for Citizens with Disabilities



Position Statements

Every year, The Arc Minnesota creates position statements about important issues that impact people with IDD and their trusted supporters. These statements inform the disability community, elected officials, media, and the general public about our response to these key issues.

In 2022, our team made changes to three position statements: ▶▶

Direct Support Professional Workforce Shortage

Self-Direction in Disability Services

Forced Poverty in Disability Policy

Individual Advocacy



The Arc Minnesota provides individual advocacy and systems navigation through our statewide Help Desk and coaching. Advocates use a person-centered approach in working with individuals, families, and their trusted supporters. They combine knowledge of systems, resources, and natural supports to explore possibilities in and out of the service system—with a focus on the most individualized, self-directed solutions.

In 2022, team members fielded 1186 Help Desk calls from 1110 people living in 49 counties across the state. 56% of callers were parents or guardians; 16% were people with disabilities; 13% were professionals in the field; 11% were siblings or other relatives.

Team members provided 88 internal referrals from the Help Desk to other programs & services provided by The Arc Minnesota.

Of callers who responded to a survey about the Help Desk:

- **56%** feel a lot better navigating their situation after talking to an advocate
- **68%** would definitely refer someone else to The Arc Minnesota (23% would refer)
- **68%** felt like they knew more about choices available to them after contacting The Arc
- **77%** had a very positive experience (19% had a positive experience)
- **94%** felt they received accurate information
- **97%** received timely information

Self Advocacy

Through self-advocacy groups and events, we help strengthen connections between disabled people across the state and build power within the IDD community. We help people develop leadership skills to become involved in systems change and create a more inclusive society.

In 2022, 368 people participated in self-advocacy programming with The Arc Minnesota.

We hosted 105 events and trainings about self-advocacy and self-direction, and co-created 64 new resources about disability justice, racial justice, inclusion, and equity.

After connecting with The Arc Minnesota's Self-Advocacy team:

- **56%** understand the services available to them (20.5% kind of understand)
- **73%** understand their rights
- **61%** feel more included in their community (19.5% already felt included)
- **62.5%** are better at advocating for themselves (27.5% were already good at advocating for themselves)
- **75%** feel less alone
- **85%** get to make informed choice

Equity and Justice Annual Report

In 2022, The Equity and Justice Committee created organizational goals to center equity, justice, and intersectionality in all facets of our work. 2022, brought tremendous growth to our commitment to Disability and Racial Justice. Here is a list of our goals and highlights!

Organizational Goals:

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| <p>1 Create environments where all people are welcome and their access needs are met.</p> | <ul style="list-style-type: none"> • Implemented a plug-in on our website that allows people to automatically translate the platform into their own language. • Created COVID-19 resources in Spanish, Hmong, and Somali |
| <p>2 Learn from people who have diverse lived experience in ways that value their expertise, time, and capacity.</p> | <ul style="list-style-type: none"> • Built relationships with the Latinx and Somali communities across the state • Tabled at many cultural celebrations and community events across the state |
| <p>3 Use our platform to help elevate the leadership of people with disabilities.</p> | <ul style="list-style-type: none"> • Hired a new Equity and Justice Director, • Hosted 45 education events and trainings about self-advocacy and self-determination • Developed 33 new resources about disability and racial justice, inclusion, and equity. • ¾ of individuals who testified on behalf of The Arc Minnesota during the 2022 legislative session had lived experience |
| <p>4 Support disability and racial justice leaders by fighting for systems and social change through public policy, legislative and grassroots advocacy, and allyship in justice movements.</p> | <ul style="list-style-type: none"> • Promoted disability justice as central to our housing efforts. • hosted a three-part webinar series – “A Home of One’s Own” • Co-hosted three “Let’s Connect” COVID-19 community conversations |
| <p>5 Challenge ourselves and others to confront racism and ableism.</p> | <ul style="list-style-type: none"> • Held monthly Diversity, Equity, Inclusion, and Justice (DEIJ) trainings for all staff across the organization. • Created and Hosted several training sessions including: <ul style="list-style-type: none"> ▶ “Race & Disability: Exploring the Intersections of Identity” ▶ “Honoring Disability by Reframing Language” ▶ “Anti-Racist & Anti Ableist Solutions to Systemic Barriers for People with Disabilities” |



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